

Fun Kids Activities

Keep your kids engaged and off their screens

Obstacle course

- Indoor or outdoor
- Crawling
- Balance beam
- Ring toss
- Jump/hop



Go outside

- Go on a picnic
- Backyard camp out
- Star gaze
- Catch lightning bugs
- Fly a kite

Crafts

- Flower crown
- Juice carton birdhouse
- Tissue box monster
- Cereal box puppets
- Paper necklace
- Popsicle stick frame
- Coffee filter flowers
- Paper pinwheel
- Play dough
- Paper hat
- Pipe cleaner critters
- Can wind chime



Scavenger Hunt



- | | | |
|-----------|--------------|--------------------|
| • Flowers | • Pine cones | • Moss |
| • Bugs | • Acorns | • Sticks |
| • Rocks | • Buckeyes | • Animal tracks |
| • Trees | • Birds | • Four leaf clover |
| • Leaves | • Squirrels | • Frogs |
| • Dogs | • Water | • Butterflies |

Theatre

- Dress up
- Re-enact movie scenes
- Make up your own story



Garden

- Plant flowers, herbs or veggies
- Pull weeds
- Terrariums
- Create a gnome or fairy garden

Build a...

- Fort
- Tent
- Tower
- Drive thru window
- Racetrack

Water

- Squirt gun
- Balloons
- Sprinkler
- Slip 'n Slide
- Jump in a puddle
- Play in rain
- Swim
- Wash the car

Play a game

- Follow the Leader
- Ring Around the Rosie
- Red Light/Green Light
- Freeze Tag or Tag
- Board games
- Hide & Seek
- Tug of War
- Hopscotch
- Catch



Help someone

- Write someone a letter
- Make someone a card
- Call a friend

Make a recipe

- Banana ice cream
- Apple & PB stackers
- Trail mix
- Popsicles
- Pizza bagels
- No-bake cookies



Time capsule

- Pictures
- Quote
- Write a letter
- A list of your favorite things
- Newspaper clipping



Exercise

- Hike
- Walk
- Kickball
- Basketball
- Baseball
- Walk the dog
- Hula hoop
- Gymnastics
- Ride a bike
- Swim
- Jump rope
- Run/jog
- Play frisbee

Bubbles

- Blow bubbles
- Popping
- Catch a bubble
- In the tub

Read

- Together
- Take turns
- Story time
- Picture books

Art Projects

- Sidewalk chalk
- Coloring books
- Paint rocks
- Watercolors
- Draw a picture
- Sponge paint

Swing

- On a swing set
- Using a blanket with two adults



Party

- Sing
- Play dress up
- Dance
- Karaoke
- Write your own songs

Sensory table

- | | |
|------------------|-----------|
| • Puzzle pieces | • Sand |
| • Water beads | • Rice |
| • Buttons | • Beans |
| • Legos | • Marbles |
| • Magnet Letters | • Pasta |