



Friends, Allies & Neighbors

# THE FANS REPORT

A monthly update on our FANS and current volunteer opportunities.



## Greetings, Riverside FANS!

Breathe. That's right, take a breath. A full-out, deep from the belly, in through the nose, out through the mouth breath. Okay, now keep doing it.

Yeah, a lot is happening right now. A lot of questions, a lot of uncertainty. But we want you to know we are here for you. Whenever you find yourself feeling overwhelmed, take a breath—a true breath—and remember how much we care for you. Remember we will get through this together.

As you learn to navigate a new "normal," make sure to take some time and reflect on the good things. For us at Riverside, we're always thankful for our FANS. Despite a shortened events schedule this month, several of you still found a way to help. For that reason, we'd like to thank the following people:

- **Deloris Clark** for donating a power wheelchair to a young woman we serve.
- **Penny Hoekstra** for supplying our Aktion Club with plenty of tasty treats to enjoy during their monthly meetings.
- **Eileen Littleton** for joining us for Aktion Club and for helping the group pack Easter eggs for a local church's Easter Egg Hunt.
- **Skyline Chili** in Troy for partnering with us and hosting a Benefit Night fundraiser for Miami County Special Olympics.
- **Mark Higgins & Complete Fitness** encouraging our athletes to be their best selves during our Circuit Training and Powerlifting programs.

These next several weeks will bring more questions and changes, but it will be okay. Cling to the good things. Encourage your neighbor. Smile. And as we wind down Developmental Disabilities Awareness Month, remember: love one another. As long as we do that, we will rise, together. In the meantime, enjoy some FANS pictures from the past year (shown above).

## Current FANS Opportunities

- Crib bumpers
- Reading Tutors - for 11 & 13-year-old males, adult female & adult male
- GED Tutor - for adult female
- Furniture - couch, kitchen table & chairs, coffee table & lamps
- Household items - vacuum, coat rack & bed bug mattress covers
- Someone to help a gentleman learn to shave
- Appliances - washer, TV, window A/C, refrigerator & microwave
- Queen mattress, box spring & frame
- Push lawn mower
- Woodworking lessons

### Want to be a buddy?

Go to the movies, grab coffee, it's up to you!

People ages 20-64 are looking for someone to spend time with them. Interested? Call us at 440-3049.

### Like us on Facebook!



### JOIN THE CHALLENGE!

Help us spread some joy and join us for our daily Facebook #stayathomechallenge. Tune in every day at 2 pm for a new challenge, and help us stay connected and share some cheer!