

March / April 2015

## Would you like to receive the RecZone via email?

If yes, please email [stephanie.clingan@riversidedd.org](mailto:stephanie.clingan@riversidedd.org).

If you opt to receive the RecZone electronically,  
you will no longer receive a paper copy in the mail.

**Spirit Night!** – All Winter athletes: Skills, Women’s, Men’s, High School Basketball and Cheerleaders, please be sure to attend **Spirit Night on March 12 from 6:00-8:00pm** in the Riverside Gymnasium. All teams will compete against the Riverside Staff team in a friendly exhibition!



**“Let’s Cook”** –Adults, come participate in our two part “Let’s Cook” classes. Day one will be comprised of meal planning and shopping! Part two will be comprised of meal preparation, table set-up, eating, clean up and food storage. This class will help you build confidence and skills in preparing simple meals. There are two classes, one in March and one in April. Please see the list of events for more specific details.

**People First Meetings** - People First is a group of people with disabilities who want to learn to speak up for themselves and teach the community about people with disabilities. They meet on the third Wednesday of every month at 6:00pm in the Springcreek Room in the Riverside Troy-Sidney building and new people are always welcome! For any questions please call Sarah DePouw at 440-3084.

**Let’s Dance!** Check out our Recreation list of events! The Spring Fling Dance is **March 27**. Listen to country music and have a great time dancing with friends!



**Children’s Age Group (Ages 6-13):** Be sure to check your separate calendar in the Recreation list of events. We’ve included a parent date time for each month!


Reminder: Stephanie Clingan’s office hours are Monday-Friday from 7:30am-4:00pm.  
For assistance after these hours or on weekends please contact Recreation Manager,  
Logan Francis, office: (937) 440-3051 or cell: (937) 875-1667, Thank you!


## Special Olympics News

### Recent Successes



▲ Our **Men’s and High School Basketball** teams competed against each other at the halftimes of both Miami East High School and Troy Christian High School Men’s Games. It was a tremendous experience and was enjoyed by everyone involved. Our athletes left the floor to a standing ovation at both venues!

- ▲  Our **Skills Basketball** team grew from 2 participants last year to over 14 participants this year! We have had an awesome time learning basic basketball skills such as passing, dribbling and shooting.

- ▲  Our **Women's Basketball** team competed at halftime of a Women's Miami East High School game. The ladies not only enjoyed playing but also enjoyed watching Miami East, eating concessions, and dancing to music! We had an awesome time!

## Future Opportunities

- ▲ **Soccer** – Be sure to sign up for Soccer during the month of March. The first soccer practice will take place on April 6 from 5:00-6:30pm at Riverside. Practices will be once a week during this time. Newcomers, the field that we use for practice is located directly behind our facility.



- ▲ **Traditional Volleyball** – Sign up for Traditional Volleyball in March. The first practice of the season will be April 7 from 5:00pm-6:15pm in the Riverside gymnasium. Practices will take place twice a week on Tuesdays and Thursdays during this time.



- ▲ **Modified Volleyball** - Modified Volleyball is played with a larger ball and the serve takes place closer to the net. It's a great way for athletes to develop their skills and learn the game. Please sign up for Modified Volleyball in March. The first practice will be on April 7 from 6:15-7:30pm in the Riverside gymnasium. Practice will take place twice a week on Tuesdays and Thursdays during this time.

***\*Suggestions\*** If you have any suggestions for future activities or events, please share them with us. We welcome any input and value your feedback!*

## Important Information for all Participants

### Registration Guidelines

- You **must** sign up for each activity to participate.
- To register, call Stephanie Clingan, Mon-Fri 7:30am-4pm at **440-3063** or email: [stephanie.clingan@riversidedd.org](mailto:stephanie.clingan@riversidedd.org).
- For afterhours assistance please contact Logan Francis; office: (937) 440-3051 or cell (937) 875-1667.
- **Pre-Paid Events.** You have two options:
  1. Come in to Riverside to register. Please do NOT complete check until the amount is confirmed with Stephanie Clingan. – OR–
  2. Mail completed check(s) made payable to RIVERSIDE RECREATION to Stephanie Clingan.  
If you choose this option, you must:
    - Send **one** check for **each** pre-paid event; and
    - Include the name & date of the event in the memo portion of the check.

**Please, Do NOT Mail a Blank Check!**

By registering with one check per each event, we can simply void the check and return it to you if you are unable to attend the activity.

\*This amount is only an estimate.\* Please base the amount of money you bring on the amount of items you plan to buy. Recreation Staff will no longer be supplementing your money!  
 Gray rows indicate a **Pre-Pay** activity

Dates	Activity	Time	Location	Cost of Activity	Prepay Cost
Mar-02 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-02 Mon	<b>Spring Card Art</b> We will create cards for everyday use.	6:00 pm-7:30 pm	Riverside	\$5.00	\$5.00
Mar-03 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Mar-03 Tue	<b>Dinner &amp; a Movie</b> Firehouse Subs and Cinemark Movies in Huber Heights.	5:00 pm-10:00 pm	Bus Trip	\$5.50 for Movie *\$20.00 for food*	
Mar-04 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-04 Wed	<b>Special Olympics Athletes to Wright State</b> Raiders Women's Basketball vs. UIC Flames	5:30 pm-9:30 pm	Bus Trip	\$5.00 for admission *\$15.00 for food*	\$5.00
Mar-05 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Mar-05 Thu	<b>CiCi's Pizza &amp; Hobby Lobby</b> Pizza buffet for dinner and Hobby Lobby for shopping.	5:00 pm-8:30 pm	Bus Trip	*\$10.00 for dinner* *\$10.00 for shopping*	
Mar-06 Fri	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-06 Fri	<b>Bingo</b> Fun and New Prizes!	6:00 pm-7:30 pm	Riverside	\$1.00 per card Bring your snacks	
Mar-07 Sat	<b>Dayton Demonz Hockey</b> Dayton Demonz vs Danville Dashers	6:00 pm-11:00 pm	Bus Trip	\$12.00 Admission * \$15.00 for concessions*	\$12.00
Mar-08 Sun	<b>Fairfield Mall</b> Shopping and a Food Court lunch.	11:00 am-5:00 pm	Bus Trip	*\$15.00 for food* *\$20.00 for shopping	
Mar-09 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-09 Mon	<b>Wii Bowling &amp; Board Games</b> Bring your snacks.	5:30 pm-7:00 pm	Riverside	Bring your snacks	
Mar-10 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Mar-10 Tue	<b>Painting in the Style of Bob Ross</b> Come paint a beautiful picture.	6:00 pm-7:30 pm	Riverside	\$5.00	\$5.00
Mar-11 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-12 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Mar-12 Thu	<b>Spirit Night</b> Come watch Special Olympics Basketball players take on Riverside Staff	6:00 pm-8:00 pm	Riverside		
Mar-13 Fri	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-16 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-16 Mon	<b>NEW! Life Skills Series "Let's Cook" Part 1</b> Meal planning, shopping and purchasing required items for Part 2!	5:30 pm-8:00 pm	Bus Trip	\$7.00 Must attend Part 2 on 3/17	\$7.00
Mar-17 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Mar-17 Tue	<b>NEW! Life Skills Series "Let's Cook" Part 2</b> We will prepare, eat and clean up after a delicious meal of Chicken & Potato Casserole and salad with Punch.	5:30 pm-8:00 pm	Riverside	Must attend part 1 on 3/16	

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Mar-18 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-18 Wed	<b>Guy's Night at Dave's Place</b> Dave's Place Fisk Rd in Piqua	5:00 pm-7:00 pm	Bus Trip	*\$15.00*	
Mar-19 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Mar-19 Thu	<b>Muddy Hands Pottery Part 1</b> Create a pottery piece - 12 E. Canal Street, Troy.	6:00 pm-8:00 pm Limit 8	Meet there	\$10.00 Must attend Part 2 on 4/9	\$10.00
Mar-20 Fri	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-20 Fri	<b>Marion's Pizza &amp; Boonshoft Museum</b> Dinner at Marion's and a Special Effects Light Show at the Planetarium	5:30 pm-11:30 pm	Bus Trip	\$12.00 for Light Show *\$20.00 for food*	\$12.00
Mar-21 Sat	<b>Blue Ash Chili &amp; Trader's World</b> Lunch at the Mason location and shopping afterwards.	10:00 am-4:00 pm	Bus Trip	*\$15.00 for food* *\$20.00 for shopping*	
Mar-23 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Mar-24 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Mar-25 Wed	<b>Golden Coral &amp; Scene 75</b> Dinner at Golden Coral, then over to Scene 75 for a night of fun.	5:00 pm-10:00 pm	Bus Trip	*\$15.00 for dinner* *\$10.00 game card*	
Mar-26 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Mar-27 Fri	<b>Country Music Spring Fling Dance</b> DJ Jason will be spinning the music to dance the night away.	6:00 pm-9:00 pm	Riverside	2 liter of pop or Bag of snacks	
Apr-02 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Apr-06 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-06 Mon	<b>Guy's Night Wings and Crafts</b> Wings, fries and a drink. Then we are making coasters using your favorite sports team.	6:00 pm-8:30 pm	Riverside	\$10.00	\$10.00
Apr-07 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Apr-07 Tue	<b>Dinner &amp; a Movie</b> Roosters & Cinemark in Huber Heights	5:00 pm-10:00 pm	Bus Trip	\$5.50 for Movie *\$20.00 for food*	
Apr-08 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-08 Wed	<b>Girls Night-Craft &amp; Pizza</b> We will make pumpkin spice soap and have Pizza.	6:00 pm-8:00 pm	Riverside	\$15.00	\$15.00
Apr-09 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Apr-09 Thu	<b>Muddy Hands Pottery PART 2</b> Paint & Glaze session - 12 E. Canal Street Troy.	6:00 pm-8:00 pm Limit 8	Meet there	Must attend part 1 on 3/19	
Apr-10 Fri	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-10 Fri	<b>Bingo</b> Fun and New Prizes!	6:00 pm-7:30 pm	Riverside	\$1.00 per card Bring your snacks	
Apr-11 Sat	<b>Five Guys Burgers &amp; Newport Aquarium</b> Lunch first, then the Aquarium.	9:30 am-4:00 pm	Bus Trip	\$29.00 for Admission *lunch \$15.00*	\$29.00
Apr-12 Sun	<b>Poelking Marion Lanes</b> \$6.00 covers 2 hours of bowling & shoe rental - Huber Heights	10:30 am-1:30 pm	Bus Trip	\$6.00 bowling *\$15.00 lunch*	

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Apr-13 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-13 Mon	<b>Painting in the Style of Bob Ross</b> Come paint a beautiful picture.	6:00 pm-7:30 pm	Riverside	\$5.00	\$5.00
Apr-14 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Apr-14 Tue	<b>NEW! Life Skills Series "Let's Cook" Part 1</b> Meal planning, shopping and purchasing required items for Part 2!	5:30 pm-8:00 pm	Bus Trip	\$7.00 Must attend Part 2 on 4/15	\$7.00
Apr-15 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-15 Wed	<b>New! Life Skills Series "Let's Cook" Part 2</b> We will prepare, eat and clean up after a delicious meal of Grilled Burgers, roasted potatoes & Brownie Sundae.	5:30 pm-8:00 pm	Riverside	Must attend part 1 on 4/14	
Apr-16 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Apr-18 Sat	<b>Mimi's Cafe &amp; The Greene</b> Lunch at Mimi's and shopping at The Greene.	10:00 am-5:00 pm	Bus Trip	*\$20.00 lunch* *\$20.00 shopping*	
Apr-19 Sun	<b>Marmon Valley Horseback Riding</b> Horse trail riding! Riders must weigh no more than 300 pounds and be able to sit upright in the saddle to control the horse.	12:00 pm- 4:30 pm	Bus Trip	\$15.00	\$15.00
Apr-20 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-21 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Apr-21 Tue	<b>Wittenberg Baseball</b> Come out and watch the Tigers play baseball!	5:00 pm-9:00 pm	Bus Trip	*\$10.00 for admission* *\$10.00 for concessions*	
Apr-22 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-22 Wed	<b>Girls Night-Spa Night &amp; Movie</b> Facials, nails, and a movie.	6:00 pm-8:00 pm	Riverside	\$5.00	\$5.00
Apr-23 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		
Apr-24 Fri	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-24 Fri	<b>Dayton Dragons</b> Let's cheer on the Dragons!	6:00 pm-10:30 pm	Bus Trip	\$7.00 *\$15.00 for concessions*	\$7.00
Apr-26 Sun	<b>Cincinnati Reds vs. Chicago</b> Let's cheer on the Reds!	11:00 am-5:30 pm	Bus Trip	\$27.00 *\$15.00 for concessions*	\$27.00
Apr-27 Mon	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-28 Tue	<b>Nature Walkers</b> We will walk a local park within the County.	3:00 pm-5:00 pm	Bus Trip		
Apr-28 Tue	<b>Dinner &amp; a Movie</b> Texas Roadhouse & Cinemark in Huber Heights	5:00 pm-10:00 pm	Bus Trip	\$5.50 for Movie *\$20.00 for food*	
Apr-29 Wed	<b>Exercise</b> Bike riding, light weights, aerobic activity, stretching and sports drills.	3:00 pm-4:00 pm	Riverside		
Apr-29 Wed	<b>Guy's Night-Wii bowling tournament</b> Papa John's Pizza and a Wii bowling tournament.	6:00 pm-8:00 pm	Riverside	\$7.00	\$7.00
Apr-23 Thu	<b>Bell Choir</b> Play music with bells and tone chimes.	3:00 pm-4:00 pm	Riverside		

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## Ages 6-13

Dates	Activity	Time	Location	Cost of Activity	Prepay Cost
Mar-13 Fri	Parent Time Parents take some time for yourselves.	5:00 pm-9:00 pm	Riverside		
Mar-23 Mon	Open Gym Shoot baskets, play hockey, all equipment available in a shared gym.	6:00 pm-7:30 pm	Riverside		
Mar-26 Thur	Wii Bowling Tournament Test your bowling skills!	6:00 pm-7:30 pm	Riverside	Bring your snacks	
Apr-05 Sun	Parent Time Parents take some time for yourselves.	1:00 pm-5:00 pm	Riverside		
Apr-13 Mon	Open Gym Shoot baskets, play hockey, all equipment available in a shared gym.	6:00 pm-7:30 pm	Riverside		
Apr-20 Mon	Open Gym Shoot baskets, play hockey, all equipment available in a shared gym.	6:00 pm-7:30 pm	Riverside		

## Ages 14-22

Mar-14 Sat	Pizza Party at The Starting Point Pizza and Wii bowling.	6:30 pm-8:30 pm	Meet There	\$7.00	\$7.00
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**~ Special Olympics March 2015 ~**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cheer Practice 5:00-6:00p  High School Practice 5:00-6:15p  Women's Practice 6:15-7:30p	3 Men's vs Shelby County at Home 6:30p  Skills Practice 5:30-6:30p	4 <b>Wright State Raiders Women's Basketball vs UIC</b> <b>5:30 -9:30p</b> <b>\$5.00</b> <b>Please see the Recreation List of Events to Sign Up!</b>	5 Men's Practice 6:30-7:45p	6	7
8	9 Cheer Practice 5:00-6:00p  High School Practice 5:00-6:15p  Women's Practice 6:15-7:30p	10 Men's Practice 6:30-7:45p  Skills Practice 5:30-6:30p	11 High School Practice 5:00-6:15p  Women's Practice 6:15-7:30p	12 Spirit Night 6:00-8:00p	13	14
15 Skills Tournament 1:30-4:30p	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
<p>For questions regarding game schedule, times, dates, locations, directions, etc., please contact Recreation Manager, Logan Francis, (937) 440-3051 or <a href="mailto:logan.francis@riversidedd.org">logan.francis@riversidedd.org</a>.</p> <p><b>March 4 – ALL Special Olympics Basketball Athletes are welcome to attend the Wright State Raiders Women's game. Please see the Recreation list of events to sign up. You must register for this event and there is an attendance limit!</b></p>						

**~ Special Olympics April 2015 ~**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Soccer Practice 5:30-6:30p	7 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	8	9 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	10	11
12	13 Soccer Practice 5:30-6:30p	14 Traditional Volleyball 5:00-6:15  Modified Volleyball 6:15-7:30p	15	16 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	17	18
19	20 Soccer Practice 5:30-6:30p	21 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	22	23 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	24	25
26	27 Soccer Practice 5:30-6:30p	28 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p	29	30 Traditional Volleyball 5:00-6:15p  Modified Volleyball 6:15-7:30p		
<p><b>For questions regarding game schedule, times, dates, locations, directions, etc., please contact Recreation Manager, Logan Francis, (937) 440-3051 or <a href="mailto:logan.francis@riversidedd.org">logan.francis@riversidedd.org</a>.</b></p>						

More Calendars: [Sep 2014](#), [Oct 2014](#), [Nov 2014](#)